

ARE YOU EXPERIENCING DOMESTIC OR SEXUAL VIOLENCE?

It's not your fault. Talk to someone today.
Find out how your workplace can support you.

FOR FREE HELP, 24 HOURS A DAY, CALL:

National Domestic Violence Hotline: **1-800-799-SAFE (7233)**

Rape, Abuse, Incest National Networks: **1-800-656-HOPE (4673)**

TTY 1-800-787-3224

For more information, visit: www.workplacesrespond.org

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IS VIOLENCE OR HARASSMENT IMPACTING YOUR LIFE?

Everyone has a right to safe and healthy relationships at **HOME** and **WORK**.

You may be experiencing **DOMESTIC VIOLENCE, SEXUAL VIOLENCE, or STALKING** if:



You feel disrespected, forced, or unsafe in your relationship



You feel uncomfortable at work because your supervisor, a coworker, or customer has touched you, has gotten too close, or made comments about your body



Someone is following you to places you go often, constantly calling, or sending unwanted messages

IF YOU ARE EXPERIENCING VIOLENCE AT HOME HERE ARE SOME THINGS TO KNOW:

- › It's not your fault
- › Anyone can experience harassment or violence
- › Talk to a trusted friend, advocate, or your workplace to get support



IF YOU ARE IN A SITUATION THAT FEELS UNSAFE AT WORK, YOU CAN:

- › Remove yourself from the dangerous situation and get to a safe place
- › Report the incident to a supervisor you trust
- › Report incidents without fear of getting fired, bad shifts, or other negative consequences



NATIONAL RESOURCES

National Domestic Violence Hotline (NDVH):
1-800-799-SAFE (7233)

Rape, Abuse, Incest National Networks (RAINN):
1-800-656-HOPE (4673)
TTY 1-800-787-3224

LOCAL RESOURCES

If you are in immediate danger, call 911.
24-Hour Domestic Violence Hotline - Safe Horizon: 1-800-621-HOPE (4673)
Rape, Sexual Assault & Incest Hotline - Safe Horizon: 212-227-3000
CONNECT Legal Advocacy Line: 212-683-0605
LGBTQ Resource:
Anti-Violence Project 24-hour Hotline: 212-714-1141



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